

# Jewish Heritage Revival



*Kehilah Portland - A Messianic Jewish Synagogue*

## Amidah - Ahvot

Amidah means to stand and is there referred to as the standing prayer. There are a total of 18 traditional prayers that date back to the 2<sup>nd</sup> Temple period.

The Ahvot is the first of the 18 prayers and translates to “fathers”. This prayer speaks of Adonai's faithfulness and His ultimate promise in bringing forth a redeemer, who we now know to be Yeshua – King of Israel.

### HEBREW:

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ וְאֱלֹהֵי  
אֲבוֹתֵינוּ, אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי  
יִצְחָק, וְאֱלֹהֵי יַעֲקֹב,  
הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא, אֵל  
עֲלִיּוֹן, גּוֹמֵל חֶסֶדִים טוֹבִים,  
וְקוֹנֵה הַכֹּל, וְזוֹכֵר חֶסֶדִי אָבוֹת,  
וּמְבִיא גּוֹאֵל לְבָנֵי בְנֵיהֶם לְמַעַן  
שְׁמוֹ בְּאַהֲבָה: מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ  
וּמַגֵּן: בְּרוּךְ אַתָּה יְיָ, מִגַּן אַבְרָהָם:

HEBREW (transliterated):

**Ba-ruch a-ta Adonai, Eh-lo-hay-nu vay-lo-hay a-vo-tay-nu, eh-lo-hay Ahv-ra-hahm, eh-lo-hay Yetz- chahk, vay-lo-hay Ya-a-kov; Ha-ale ha-ga-dol ha-ge-bor v'ha-no-ra Ale el-yon, go-male cha-sa-deem toe-vev, v'ko-nay ha-kol, V'zo-char chas-day a-vote, u-may-ve go-ale leav-nay v'nay-hem l'ma-ahn sh'mo b'a-ha-va.**

**Meh-lech o-zair u-mo-she-a u-ma-gain.  
Ba-ruch a-ta Adonai, ma-gain Av-ra-hahm.**

## **ENGLISH:**

**Blessed are You Lord our God and God of our fathers, God of Abraham, God of Isaac and God of Jacob, the great, mighty and awesome God, the most high God, Who bestows loving-kindness and creates all, and remembers the righteousness of the Fathers, and brings a Redeemer to their children's children, for His name's sake with love.**

**O King, Redeemer, Savior, and Shield, blessed are Thou, Shield of Abraham.**