

Jewish Heritage Revival



Kehilah Portland - A Messianic Jewish Synagogue

SH'MA YISRAEL & V'AHAVTA L'RAYACHA

Together, the Sh'ma, V'ahavta and V'ahavta L'rayacha comprise Messiah Yeshua's proclamation regarding the two greatest commandments and the essence of what Torah is all about:

Mar 12:29 Yeshua answered, "The most important is, 'Sh'ma Yisra'el, Adonai Eloheinu, Adonai echad [*Hear, O Isra'el, the Lord our God, the Lord is one*],

Mar 12:30 and you are to love Adonai your God with all your heart, with all your soul, with all your understanding and with all your strength.'

Mar 12:31 The second is this: 'You are to love your neighbor as yourself.' There is no other mitzvah greater than these."

שְׁמַע יִשְׂרָאֵל, יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד:
בְּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם
וָעַד.

וְאָהַבְתָּ אֶת יְיָ אֱלֹהֶיךָ, בְּכָל
לְבָבְךָ, וּבְכָל נַפְשְׁךָ, וּבְכָל מְאֹדְךָ.
וְהָיוּ הַדְּבָרִים הָאֵלֶּה,
אֲשֶׁר אָנֹכִי מְצַוְהָ הַיּוֹם, עַל לְבָבְךָ:
וּשְׁנַנְתָּם לְבִנְיָהּ, וּדְבַרְתָּ בָּם
בְּשִׁבְתְּךָ בְּבֵיתְךָ,
וּבְלַכְתְּךָ בַּדֶּרֶךְ וּבְשֹׁכְבְךָ,
וּבְקוּמְךָ. וּקְשַׁרְתָּם לְאוֹת עַל
יָדְךָ, וְהָיוּ לְטֹטְפֹת בֵּין עֵינֶיךָ,
וּכְתַבְתָּם עַל מְזוֹזַת בֵּיתְךָ וּבְשַׁעְרֶיךָ:
וְאָהַבְתָּ לְרֵעֶךָ כָּמֹךָ:

Deuteronomy 6:4 - 9

Sh'ma Yisrael Adonai Eh-lo-hay-nu Adonai eh-chad.

Ba-ruch shame k'vode mahl-chu-toe l'o-lahm va-ed.

V'a-hav-ta et Adonai Eh-lo-heh-cha

b'chol l'vav-cha u-v'chol naf-sh'cha,u-v'chol m'o-deh-cha.

V'ha-yu ha-d'va-rem ha-ay-leh a-sheer a-no-chee m'tzav-cha ha-yom ahl l'va-veh-cha.

V'she-nahn-tam l'va-neh-cha, v'de-bar-ta bahmb'sheev-t'cha b'vay-teh-cha

U-v'lech-t'cha va-de-rech u-v'shach-b'cha u-v'ku-meh-cha.

U-k'shar-tahm l'oat al ya-deh-cha, v'ha-yu l'toe-ta-fote bain ay-neh-cha.

U-ch'tahv-tahm ahl m'zu-zoht bay-teh-cha u-vee-sh'a-reh-cha.

V'a-hav-ta l'ray-a-cha ka-moe-cha. (Leviticus 19:18)

Hear O Israel, the Lord our God, the Lord is One.

Blessed be the Name of His glorious kingdom for ever and ever.

**And you shall love the Lord your God with all your heart, with all your soul, and with
all your might.**

And these words, which I command you this day shall be upon your heart.

**And you shall teach them diligently to your children, and speak of them when you sit
in your house, when you walk by the way, when you lie down, and when you
rise up.**

**And you shall bind them for a sign upon your hand and they shall be for frontlets
between your eyes.**

And you shall write them upon the doorposts of your house and upon your gates:

And you should love your neighbor as yourself.