

Jewish Heritage Revival



Kehilah Portland - A Messianic Jewish Synagogue

V'SHAMROO V'NAY YISRAEL

The V'shamroo provides a scriptural basis for the significance of the celebration of Shabbat.

וְשָׁמְרוּ בְנֵי יִשְׂרָאֵל אֶת הַשַּׁבָּת,
לַעֲשׂוֹת אֶת הַשַּׁבָּת לְדֹרֹתָם בְּרִית
עוֹלָם: בֵּינִי וּבֵין בְּנֵי יִשְׂרָאֵל
אוֹת הִיא לְעוֹלָם, כִּי שֵׁשֶׁת יָמִים
עָשָׂה יְיָ אֶת הַשָּׁמַיִם וְאֶת הָאָרֶץ,
וּבַיּוֹם הַשְּׁבִיעִי שָׁבַת וַיִּנְפֹּשׁ.

V'sham-ru v'nay Yisrael et ha-Shabbat, la-a-sote et ha-Shabbat l'doe-ro-tahm b'reet o-
lahm, bay-nee u'vain b'nay Yisrael,

ote he l'o-lahm, key shay-shet ya-meem a-sa Adonai, et ha-sha-ma-yeem, v'et ha-a-retz,
u'va-yom hahsh-ve-ee, sha-vaht va-yee-na-fahsh.

The children of Israel shall keep the Shabbat, observing it throughout their
generations as an everlasting covenant.

It is a sign between Me and the children of Israel forever;
for in six days the Lord made the heavens and the earth, and on the seventh day He
rested and was refreshed. (Exodus 31:16 - 17)

And it shall come to pass that from one New Moon to another and from one SHABBAT
to another, ALL flesh shall come to worship before Me, says the Lord. (Isaiah 66:23
English only)