

Notes: July 27, 2019

Start: 10 AM

### Order of service:

1. Meet and Greet
2. Introduction (if new people)
3. Ma Tovv
4. Open in Prayer for service
5. Liturgy – Sh'ma +
6. Announcements
7. Praise and Worship Songs
8. Message
9. Aaronic Blessing
10. Kiddush
11. Oneg

Children's Blessing:

Transliteration: *Ye'simcha Elohim ke-Ephraim ve hee-Menashe*

English: *May God make you like Ephraim and Menashe*

Transliteration: *Ye'simech Elohim ke-Sarah, Rivka, Rachel ve-Leah.*

English: *May God make you like Sarah, Rebecca, Rachel and Leah.*

Introduction: The Heart of The Body

We read in 1 Corinthians 12...

**1Co 12:12** For just as the body is one but has many parts; and all the parts of the body, though many, constitute one body; so it is with the Messiah.

**1Co 12:13** For it was by one Spirit that we were all immersed into one body, whether Jews or Gentiles, slaves or free; and we were all given the one Spirit to drink.

**1Co 12:14** For indeed the body is not one part but many.

Here we have Sha'ul talking about the body of Messiah, us, individual in nature, individual in thought, yet being part of something much bigger than us.

*Believers have an organismic unity like that of a body; indeed, they are **parts of** such a body, the **body of the Messiah** (1Co 12:27; compare 1Co 6:15; Rom 12:5; Eph 1:23, Eph 2:16, Eph 4:4-16; Col 1:18, Col 2:19). Therefore, all members of the Messiah's body, **whether Jews or Gentiles, slaves or free** (1Co 12:13), have their places determined by God and have appropriate functions (ministries) which they should find and develop, trusting God for empowerment by the Holy Spirit. They should appreciate, not envy, others' ministries and gifts. The purpose of the gifts is not self-aggrandizement but building up the whole body in love.*

Sha'ul continues with this analogy of the body of Messiah...

**1Co 12:15** If the foot says, "I'm not a hand, so I'm not part of the body," that doesn't make it stop being part of the body.

**1Co 12:16** And if the ear says, "I'm not an eye, so I'm not part of the body," that doesn't make it stop being part of the body.

**1Co 12:17** If the whole body were an eye, how could it hear? If it were all hearing, how could it smell?

Sha'ul Conveys that though each of us are individuals we are part of something bigger than ourselves. He further conveys that we are not all the same either or are we to be the same in this body, using different body parts that have different functions to further substantiate his premise.

**1Co 12:18** But as it is, God arranged each of the parts in the body exactly as he wanted them.

**1Co 12:19** Now if they were all just one part, where would the body be?

**1Co 12:20** But as it is, there are indeed many parts, yet just one body.

**1Co 12:21** So the eye cannot say to the hand, "I don't need you"; or the head to the feet, "I don't need you."

Adonai has placed each part of the body, each person, into the body with specific gifts, specific capabilities to benefit the entire body. When you become part of the body of Messiah there is no insignificant part, no insignificant individual...

**1Co 12:22** On the contrary, the parts of the body that seem to be less important turn out to be all the more necessary;

**1Co 12:23** and upon body parts which we consider less dignified we bestow greater dignity; and the parts that aren't attractive are the ones we make as attractive as we can,

**1Co 12:24** while our attractive parts have no need for such treatment. Indeed, God has put the body together in such a way that he gives greater dignity to the parts that lack it,

**1Co 12:25** so that there will be no disagreements within the body, but rather all the parts will be equally concerned for all the others.

In reality the body is unified to where when part of the body is experiencing physical pain, the entire body is affected. This is true for the body of Messiah...

**1Co 12:26** Thus if one part suffers, all the parts suffer with it; and if one part is honored, all the parts share its happiness.

And getting to the point of this analogy, Sha'ul ultimately conveys the different functions provided to those in the body of Messiah.

**1Co 12:27** Now you together constitute the body of the Messiah, and individually you are parts of it.

**1Co 12:28** And God has placed in the Messianic Community first, emissaries; second, prophets; third, teachers; then those who work miracles; then those with gifts of healing; those with ability to help; those skilled in administration; and those who speak in various tongues.

**1Co 12:29** Not all are emissaries, are they? Not all are prophets, are they? or teachers? or miracle-workers?

**1Co 12:30** Not all have gifts of healing, not all speak in tongues, not all interpret, do they?

**1Co 12:31** Eagerly seek the better gifts. But now I will show you the best way of all.

One gifting may be more sought after than the others, yet just because you have not been equipped with it, does not make you any less a member of the body than those who have been gifted with it. And yet Sha'ul encourages you to eagerly seek the better gifts. From whom, Adonai of course. However, remember, He is the one who determines who receives what gifting. Do not despise what you have, but eagerly pursue more of what He has to offer.

So, throughout this body analogy conveyed by Sha'ul there are many parts of the body that are not mentioned here, yet one part specifically I want to talk about.

## The Heart!

More specifically, what or who is the HEART of the Body of Messiah?

The heart we have been given in our own bodies has a specific function.

The heart pumps blood with a rhythm determined by a group of pacemaking cells in the **sinoatrial node**. These generate a current that causes contraction of the heart, traveling through the **atrioventricular node** and along the **conduction system of the heart**. The heart receives blood low in oxygen from the **systemic circulation**, which enters the right atrium from the **superior and inferior venae cavae** and passes to the right ventricle. From here it is pumped into the **pulmonary circulation**, through the **lungs** where it receives oxygen and gives off carbon dioxide. Oxygenated blood then returns to the left atrium, passes through the left ventricle and is pumped out through the **aorta** to the systemic circulation—where the oxygen is used and **metabolized** to **carbon dioxide**.

<https://en.wikipedia.org/wiki/Heart>

[https://en.wikipedia.org/wiki/File:CG\\_Heart.gif](https://en.wikipedia.org/wiki/File:CG_Heart.gif)

The purpose for reoxygenating our blood is because **oxygen** is needed to burn the fuel [sugars and fatty acids] in **our** cells to produce energy.

We require oxygen to live. We breath it in through our lungs and it is then infused into the blood, returned to the heart and pumped throughout the body, providing energy so that we may function.

What I am sharing with you should give greater clarity to Leviticus 17:11

**Lev 17:11** For the life of a creature is in the blood, and I have given it to you on the altar to make atonement for yourselves; for it is the blood that makes atonement because of the life.'

and Hebrews 9:13 – 14

**Heb 9:13** For if sprinkling ceremonially unclean persons with the blood of goats and bulls and the ashes of a heifer restores their outward purity;

**Heb 9:14** then how much more the blood of the Messiah, who, through the eternal Spirit, offered himself to God as a sacrifice without blemish, will purify our conscience from works that lead to death, so that we can serve the living God!

How much more the blood of Messiah that will bring us into Eternal Life.

The heart pumps life through the body. The very life that was first breathed into us when we were created by Adonai.

**Gen 2:6** Rather, a mist went up from the earth which watered the entire surface of the ground.

**Gen 2:7** Then Adonai, God, formed a person [*Hebrew: adam*] from the dust of the ground [*Hebrew: adamah*] and breathed into his nostrils the breath of life, so that he became a living being.

Is the life that continues in us to this day.

The heart provides us with the energy so that we may function and be doers.

So, just what is the heart of the body of Messiah. If He is the body what is His Heart?

The body of Messiah exists as a result of the New Covenant. A Covenant made with Israel and the Jewish people, whom have been given the responsibility of transmitting it to the world. So, this New Covenant, though given to Israel and the Jewish people is the means by which Adonai is performing tikkun olam – restoring the world.

And what does the New Covenant promise...

First Ezekiel 36:24 – 27

Speaking to Israel, the Prophet Ezekiel conveys the message of Adonai to the nation...

**Eze 36:24** For I will take you from among the nations, gather you from all the countries, and return you to your own soil.

**Eze 36:25** Then I will sprinkle clean water on you, and you will be clean; I will cleanse you from all your uncleanness and from all your idols.

I will regather you from the lands and immerse you (mikveh) and cleanse you from your transgression.

**Eze 36:26** I will give you a new heart and put a new spirit inside you; I will take the stony heart out of your flesh and give you a heart of flesh.

I will give you a New Heart and a New Spirit that will reside inside you.

**Eze 36:27** I will put my Spirit inside you and cause you to live by my laws, respect my rulings and obey them.

If Messiah is the body, what is the Ruach ha Kodesh but the blood that flows through the body, providing it life. Distributing life through the whole body.

And yet we still have not answered the question as to what is the heart of the body of Messiah.

Let's look further at the promise of the New Covenant...remember, Adonai has given us a new heart. A fresh heart.

Jeremiah 31

**Jer 31:31 (31:30)** "Here, the days are coming," says Adonai, "when I will make a new covenant with the house of Isra'el and with the house of Y'hudah.

**Jer 31:32 (31:31)** It will not be like the covenant I made with their fathers on the day I took them by their hand and brought them out of the land of Egypt; because they, for their part, violated my covenant, even though I, for my part, was a husband to them," says Adonai.

**Jer 31:33 (31:32)** "For this is the covenant I will make with the house of Isra'el after those days," says Adonai: "I will put my Torah within them and write it on their hearts; I will be their God, and they will be my people.

I will put my Torah within them and write it on their hearts.

Adonai took an old stoney heart and replaced it with a new heart, a fresh piece of parchment and writes His Torah on it.

**Rom 8:1** Therefore, there is no longer any condemnation awaiting those who are in union with the Messiah Yeshua.

**Rom 8:2** Why? Because the Torah of the Spirit, which produces this life in union with Messiah Yeshua, has set me free from the "Torah" of sin and death.

And the Torah of sin and death is not the Law of Moshe as some have understood this verse to convey. The Torah of sin and death is the counterfeit of the Adversary. Some teach the following: Yeshua gave a good *Torah* of the

Spirit which produces life, in contrast with the bad Mosaic Law that produces only sin and death.

This not only contradicts Sha'ul just a few verses prior...

**Rom 7:12** So the Torah is holy; that is, the commandment is holy, just and good.

But can also be viewed as anti-semitic.

David Stern writes the following in his commentary...

*The right answer is that the Torah of the Spirit is the Mosaic Law properly apprehended by the power of the Holy Spirit in believers, what Sha'ul elsewhere calls "the Torah's true meaning, which the Messiah upholds"*

**Rom 8:3** For what the Torah could not do by itself, because it lacked the power to make the old nature cooperate, God did by sending his own Son as a human being with a nature like our own sinful one [*but without sin*]. God did this in order to deal with sin, and in so doing he executed the punishment against sin in human nature,

**Rom 8:4** so that the just requirement of the Torah might be fulfilled in us who do not run our lives according to what our old nature wants but according to what the Spirit wants.

The Torah of the Ruach ha Kodesh, The Spirit of Adonai, is written on our hearts and as part of the promise is the Heart of the Body of Messiah for which the Ruach Ha Kodesh flows through this New Heart, oxygenating the body of Messiah with life, thus enabling us to fulfill the just requirements of Torah.

**Psa 119:9** **ב (Bet) How can a young man keep his way pure? By guarding it according to your word.**

**Psa 119:10** I seek you with all my heart; don't let me stray from your mitzvot.

**Psa 119:11** I treasure your word in my heart, so that I won't sin against you.

**Pro 3:1** My son, don't forget my teaching, keep my commands in your heart;

**Pro 3:2** for they will add to you many days, years of life and peace.

**Pro 3:3** Do not let grace and truth leave you — bind them around your neck; write them on the tablet of your heart.

**Pro 3:4** Then you will win favor and esteem in the sight of God and of people.

**Pro 3:5** Trust in Adonai with all your heart; do not rely on your own understanding.

**Pro 3:6** In all your ways acknowledge him; then he will level your paths.

**Pro 3:7** Don't be conceited about your own wisdom; but fear Adonai, and turn from evil.

**Pro 3:8** This will bring health to your body and give strength to your bones.

**Pro 3:9** Honor Adonai with your wealth and with the firstfruits of all your income.

**Pro 3:10** Then your granaries will be filled and your vats overflow with new wine.

**Pro 3:11** My son, don't despise Adonai's discipline or resent his reproof;

**Pro 3:12** for Adonai corrects those he loves like a father who delights in his son.

**Pro 3:13** Happy the person who finds wisdom, the person who acquires understanding;

**Pro 3:14** for her profit exceeds that of silver, gaining her is better than gold,

**Pro 3:15** she is more precious than pearls — nothing you want can compare with her.

**Pro 3:16** Long life is in her right hand, riches and honor in her left.

**Pro 3:17** Her ways are pleasant ways, and all her paths are peace.

**Pro 3:18** She is a tree of life to those who grasp her; whoever holds fast to her will be made happy.

You must grasp onto the teaching of Adonai, that is grasp onto His Word, for it is a tree of life, a tree by which we live by. A tree that ultimately produces fruit.

**Deu 30:5** Adonai your God will bring you back into the land your ancestors possessed, and you will possess it; he will

make you prosper there, and you will become even more numerous than your ancestors.

**Deu 30:6** Then Adonai your God will circumcise your hearts and the hearts of your children, so that you will love Adonai your God with all your heart and all your being, and thus you will live.

**Deu 30:7** Adonai your God will put all these curses on your enemies, on those who hated and persecuted you;

**Deu 30:8** but you will return and pay attention to what Adonai says and obey all his mitzvot which I am giving you today.

**Deu 30:9** Then Adonai your God will give you more than enough in everything you set out to do - the fruit of your body, the fruit of your livestock, and the fruit of your land will all do well; for Adonai will once again rejoice to see you do well, just as he rejoiced in your ancestors.

**Deu 30:10** "However, all this will happen only if you pay attention to what Adonai your God says, so that you obey his mitzvot and regulations which are written in this book of the Torah, if you turn to Adonai your God with all your heart and all your being.

**Deu 30:11** For this mitzvah which I am giving you today is not too hard for you, it is not beyond your reach.

**Deu 30:12** It isn't in the sky, so that you need to ask, 'Who will go up into the sky for us, bring it to us and make us hear it, so that we can obey it?'

**Deu 30:13** Likewise, it isn't beyond the sea, so that you need to ask, 'Who will cross the sea for us, bring it to us and make us hear it, so that we can obey it?'

**Deu 30:14** On the contrary, the word is very close to you - in your mouth, even in your heart; therefore, you can do it!

**Deu 30:15** "Look! I am presenting you today with, on the one hand, life and good; and on the other, death and evil -

**Deu 30:16** in that I am ordering you today to love Adonai your God, to follow his ways, and to obey his mitzvot, regulations and rulings ; for if you do, you will live and increase your numbers; and Adonai your God will bless you in the land you are entering in order to take possession of it.

Deuteronomy 30 is another component of the New Covenant and the promise He made through the Covenant at Sinai.

What does Yeshua say to His Body...

**Mat 22:33** When the crowds heard how he taught, they were astounded;

**Mat 22:34** but when the P'rushim learned that he had silenced the Tz'dukim, they got together,

**Mat 22:35** and one of them who was a Torah expert asked a sh'eilah to trap him:

**Mat 22:36** "Rabbi, which of the mitzvot in the Torah is the most important?"

**Mat 22:37** He told him, " 'You are to love Adonai your God with all your heart and with all your soul and with all your strength.'

**Mat 22:38** This is the greatest and most important mitzvah.

**Mat 22:39** And a second is similar to it, 'You are to love your neighbor as yourself.'

Sound familiar???

Hence the body of Messiah is to emulate that which Messiah conveys.

Adonai has given us a New Heart, a fresh parchment and written His Torah on it. Placing it inside of us, He has equipped us with the Ruach ha Kodesh, the very life that was breathed in us when we were first created and today we as believers are being oxygenated by the Ruach Ha Kodesh, flowing through us, just as the blood in our bodies flows through us. And it is the Word of Adonai, His Torah that provides that oxygen so that we may live. That we may have life in its fullest measure.

And yet the heart of the body of Messiah, Torah, the Word of Adonai, as promised resides in everyone within the body of Messiah is not fully function at its optimal level. It can't be heart disease in that Adonai has given us a new heart. It can't be the Ruach ha Kodesh in that the life is in the blood. The only thing it can be is a restriction in the flow of the blood that provides oxygen to the rest of the body. In other words the body is oxygen deprived in that the flow of Spirit is being restricted. It is only when the body stops restricting the flow of the Ruach Ha Kodesh will the body of Messiah truly function in optimal peak performance.

What causes restricted blood flow in the human heart?

One such cause is plaque build up, thus narrowing the arteries for which the blood flows. As a result of restricted blood flow, the body is starved for oxygenated blood and therefore becomes greatly impacted.

This disease process is called atherosclerosis. When blockages develop in the coronary arteries, the **restricted blood flow** results in a lack of oxygen to the heart muscle. This condition is known as coronary artery disease. Insufficient **blood flow** to the heart muscle can lead to **symptoms** of chest pain (angina).

What is the plaque buildup restricting the flow of the Ruach ha Kodesh, the blood of the body of Messiah?

In its simplest term – Theology. Man's understanding and therefore teaching of Scripture.

What is the remedy?

**Gal 2:19** For it was through letting the Torah speak for itself that I died to its traditional legalistic misinterpretation, (Theology...author added) so that I might live in direct relationship with God.

**Gal 2:20** When the Messiah was executed on the stake as a criminal, I was too; so that my proud ego no longer lives. But the Messiah lives in me, and the life I now live in my body I live by the same rusting faithfulness that the Son of God had, who loved me and gave himself up for me.

**Gal 2:21** I do not reject God's gracious gift; for if the way in which one attains righteousness is through legalism, then the Messiah's death was pointless.