

June 21, 2025

### The Heart Mind Continuum

Continuum: a continuous sequence in which adjacent elements are not perceptibly different from each other, although the extremes are quite distinct:

You heard Jeri's drash where she said...

We could do a whole drash on that one – God gave us His breath and His mind at creation?

Well, I want to put my spin on that aspect of her drash and look at the heart.

I have often wondered about things that have occurred in Scripture and thought..."How did they know?"

How did Havel know to do what He did in offering the first born and the fat?

**Gen 4:3** In the course of time Kayin brought an offering to Adonai from the produce of the soil;

**Gen 4:4** and Hevel too brought from the firstborn of his sheep, including their fat. Adonai accepted Hevel and his offering

**Gen 4:5** but did not accept Kayin and his offering. Kayin was very angry, and his face fell.

How did Avraham know to offer a tenth of everything?

**Gen 14:18** Malki-Tzedek king of Shalem brought out bread and wine. He was cohen of El `Elyon [*God Most High*],

**Gen 14:19** so he blessed him with these words: "Blessed be Avram by El `Elyon, maker of heaven of earth.

**Gen 14:20** and blessed be El `Elyon, who handed your enemies over to you." Avram gave him a tenth of everything.

I have shared with you about life being breathed into us in Genesis 2...

**Gen 2:7** Then Adonai, God, formed a person [*Hebrew: adam*] from the dust of the ground [*Hebrew: adamah*] and **breathed** into his nostrils the breath of life, so that he became a living being.

The word used for breathed is...

נָשָׁם

n<sup>e</sup>shâmâh

*nesh-aw-maw'*

From [H5395](#); a *puff*, that is, *wind*, angry or vital *breath*, divine *inspiration*, *intellect* or (concretely) an *animal*: - blast, (that) breath (-eth), **inspiration**, soul, **spirit**.

Adonai not only breathed life into us but a spirit and inspiration.

And we know that Adonai is Spirit and that there is only one Spirit of Adonai as is seen in Genesis 1:2...

[Gen 1:2](#) The earth was unformed and void, darkness was on the face of the deep, and the Spirit of God hovered over the surface of the water.

And that Hebrew Word we all know...

רוח

[rûach](#)

*roo'-akh*

From [H7306](#); *wind*; by resemblance *breath*, that is, a sensible (or even violent) exhalation; figuratively *life*, *anger*, *unsubstantiality*; by extension a *region* of the sky; by resemblance *spirit*, but only of a rational being (including its expression and functions): - air, anger, blast, breath, X cool, courage, mind, X quarter, X side, spirit ([*-ual*]), tempest, X vain, ([*whirl-*]) wind (*-y*).

Within the structure of Ruach is “mind”

So God breathed life into us.

With that life came inspiration and the Mind of God.

[Deu 30:11](#) For this mitzvah which I am giving you today is not too hard for you, it is not beyond your reach.

[Deu 30:12](#) It isn't in the sky, so that you need to ask, 'Who will go up into the sky for us, bring it to us and make us hear it, so that we can obey it?'

[Deu 30:13](#) Likewise, it isn't beyond the sea, so that you need to ask, 'Who will cross the sea for us, bring it to us and make us hear it, so that we can obey it?'

[Deu 30:14](#) On the contrary, the word is very close to you—in your mouth, even in your heart; therefore, you can do it!

[lêbâb](#)

*lay-bawb'*

From [H3823](#); the *heart* (as the most interior organ); used also like [H3820](#): - + bethink themselves, breast, comfortably, courage, ([*faint*], [*tender-*] heart([*-ed*]), midst, mind, X unawares, understanding.

Literally talking about the physical heart here. That Adonai has written His Mitzvot on your physical heart.

So there is a connection that Adonai establishes between the mind and the heart. And he reveals it to Moshe.

So everything is possible, with the exception of one thing.

Being able to disconnect the mind from the heart.

We see this throughout Scripture and the many failings of Israel and of man.

We saw it with Kayan and not doing as he should have done in bringing the first fruits of his harvest. Havel knew what to do. I believe Kayan had that same opportunity, yet there was a disconnect between his heart and mind. The very two element Adonai instilled in us that come from Him.

We were given the mind of God at creation, yet just as we became separated from Him through our transgression, the mind and heart were separated as well as a result.

Though there were still those who desired to follow after Adonai and pursue Righteousness.

Noach was one...

**Gen 6:9** Here is the history of Noach. In his generation, Noach was a man righteous and wholehearted; Noach walked with God.

Righteous

צַדִּיק

tsaddîyq

tsad-deek'

From **H6663**; *just*: - just, **lawful**, **righteous** (man).

and

wholehearted...

תָּמִים

tâmîym

*taw-meem'*

From **H8552**; *entire* (literally, figuratively or morally); also (as noun) *integrity, truth*: - **without blemish**, complete, full, perfect, sincerely (-ity), sound, without spot, **undefiled**, upright (-ly), whole.

The heart and the mind of Noah were connected. He had the mind of God within him and it was connected to his heart, thus he acted upon it.

Adonai conveys this about His Spirit...

**Gen 6:3** Adonai said, "My Spirit (Ruach) will not live in human beings forever, for they too are flesh; therefore their life span is to be 120 years."

When He breathed life into us, He breathed His Spirit and with His Spirit, His Mind as I shared earlier.

What does sin do?

**Isa 59:1** Adonai's arm is not too short to save, nor is his ear too dull to hear.

**Isa 59:2** Rather, it is your own crimes that separate you from your God; your sins have hidden his face from you, so that he doesn't hear.

Unlike everyone else at the time of Noah...

**Gen 6:5** Adonai saw that the people on earth were very wicked, that all the imaginings of their **hearts** were always of evil only.

Our minds were separated from our hearts and that led to wickedness and evil.

The word used for heart here is similar to the one that was used in Deuteronomy 30...

לֵב

lêb

*labe*

A form of **H3824**; the *heart*; also used (figuratively) very widely for the feelings, the will and even the intellect; likewise for the *centre* of anything: - + care for, comfortably, consent, X considered, courage [-eous], friend [-ly], ([broken-], [hard-], [merry-], [stiff-], [stout-], double) heart ([ed]), X heed, X I, kindly, midst, mind (-ed), X regard ([ed]), X themselves, X unawares, understanding, X well, willingly, wisdom.

Used in a figurative sense...though what Adonai has written on our hearts cannot be removed, separating our heart from our minds put them off to the side, out of focus.

**Gen 6:6** Adonai regretted that he had made humankind on the earth; it grieved his heart.

**Gen 6:7** Adonai said, "I will wipe out humankind, whom I have created, from the whole earth; and not only human beings, but animals, creeping things and birds in the air; for I regret that I ever made them."

In this week's Parsha we read of the 12 spies and their report. Ten reporting back negatively and in a defeatist manner while two, Joshua and Kalev spoke positively. Adonai recognizes the difference and specifies Kalev

**Num 14:24** But my servant Kalev, because he had a different Spirit with him and has fully followed me—him I will bring into the land he entered, and it will belong to his descendants.

רוּחַ

rûach

roo'-akh

From **H7306**; *wind*; by resemblance *breath*, that is, a sensible (or even violent) exhalation; figuratively *life, anger, unsubstantiality*; by extension a *region* of the sky; by resemblance *spirit*, but only of a rational being (including its expression and functions): - air, anger, blast, breath, X cool, courage, mind, X quarter, X side, spirit ([*-ual*]), tempest, X vain, ([*whirl-*]) wind (*-y*).

Conclusion...

The pieces have always been with us!

It is through being born again and from above, that is the Spirit of Adonai coming down as was promised...

The promise of the New Covenant...

**Jer 31:32** "For this is the covenant I will make with the house of Isra'el after those days," says Adonai: "I will put my Torah within them and write it on their hearts; I will be their God, and they will be my people.

And a New Heart...

**Eze 36:24** For I will take you from among the nations, gather you from all the countries, and return you to your own soil.

**Eze 36:25** Then I will sprinkle clean water on you, and you will be clean; I will cleanse you from all your uncleanness and from all your idols.

Eze 36:26 I will give you a new heart and put a new spirit inside you; I will take the stony heart out of your flesh and give you a heart of flesh.

Eze 36:27 I will put my Spirit inside you and cause you to live by my laws, respect my rulings and obey them.

Eze 36:28 You will live in the land I gave to your ancestors. You will be my people, and I will be your God.

I will write it on your hearts on your Leb. As seen in Deuteronomy 30:14 and Genesis 6:5

**Joe 3:1** "After this, I will pour out my Spirit on all humanity. Your sons and daughters will prophesy, your old men will dream dreams, your young men will see visions;

Joe 3:2 and also on male and female slaves in those days I will pour out my Spirit.

Joe 3:3 I will show wonders in the sky and on earth—blood, fire and columns of smoke.

that Adonai reconnects the heart and the mind with another infilling, another breath of life coming from Him where we are reconnected in our hearts with the Mind of God

**Joh 14:26** But the Counselor, the Ruach HaKodesh, whom the Father will send in my name, will teach you everything; that is, he will remind you of everything I have said to you.

**1Jn 2:27** As for you, the Messianic anointing you received from the Father remains in you, so that you have no need for anyone to teach you. On the contrary, as his Messianic anointing continues to teach you about all things, and is true, not a counterfeit, so, just as he taught you, remain united with him.

1Jn 2:28 And now, children, remain united with him; so that when he appears, we may have confidence and not shrink back from him in shame at his coming.

1Jn 2:29 If you know that he is righteous, you should also know that he is the Father of everyone who does what is right.

We are instructed in Numbers 15:37 – 41 to wear Tzitzit.

Num 15:37 Adonai said to Moshe,

Num 15:38 "Speak to the people of Isra'el, instructing them to make, through all their generations, tzitziyot on the corners of their garments, and to put with the tzitzit on each corner a blue thread.

Num 15:39 It is to be a tzitzit for you to look at and thereby remember all of Adonai's mitzvot and obey them, so that you won't go around wherever your own heart and eyes lead you to prostitute yourselves;

Num 15:40 but **it will help you remember and obey all my mitzvot** and be holy for your God.

Num 15:41 I am Adonai your God, who brought you out of the land of Egypt in order to be your God. I am Adonai your God."

The instruction to wear is not the operative part but rather functional. The operative instruction here is to remember.

Remember His Mitzvot.

Remember His Word.

Remember His Mind

The very one He put into us when He breathed life into us.

Simply put...the Mind of Messiah is the Mind of God. It has been given to us, yet it was sin that disconnected us from the fullness of His mind. The heart was separated from the mind through sin. It is reconnected through the atoning sacrifice of Messiah, thus restoring the mind heart continuum.

We are created in His image and likeness.